



## New York YMCA Camp CIT Program 2018 Information & Application

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FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Dear CIT applicants and Families:

Thank you for your interest in the New York YMCA Camp Counselor-In-Training program! This program is a fantastic opportunity for you to shoulder responsibility, work with young children, be safety-conscious and learn leadership. Your interest in participating in this program speaks well of your character and we look forward to your application.

Being a CIT at New York YMCA Camp will be a challenging, rewarding and fun experience. Days spent as a CIT will be packed with an array of activities and challenges. It is critical to understand that being a CIT is a responsibility. Read over the items listed below with your family before you send in your application to camp. Be sure that you are willing and prepared to meet the challenges presented by this role. Treat your interview as you would any job interview, be punctual and professional and be prepared to tell us why you are the right person for the role.

- CIT behavior standards are dramatically higher than that of a camper. There will be no tolerance for misbehavior amongst CIT's
- A CIT must always be willing to participate with enthusiasm. Enthusiastic participation is part of leadership and is a requirement.
- CIT's are expected to be ready to learn everyday. We'll provide opportunity and guidance, you bring the right attitude.

If you're ready to take on the challenge of being a CIT then we encourage you to fill out your application and mail it to us at camp. You will also need to obtain one letter of recommendation from an unrelated adult (this can be a teacher, coach, mentor etc.) Once we receive this information, we will call you to verify your interview day and time. Pending a successful application, you will receive a letter confirming your place in the CIT program.

Thanks again for your interest in becoming a CIT at New York YMCA Camp for this upcoming summer. We are excited to hear from you!

Sincerely,  
**Marit Olsen & Jocelyn Jones**  
Camp Directors  
New York YMCA Camps McAlister & Talcott



## New York YMCA Camp Camps Talcott & McAlister

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### **CIT Program FAQ's**

It is the first step in our rigorous staff development program, so our goal is to help you learn the skills you need to become a great counselor. Should you choose not to become a counselor, you will still learn valuable skills that will be an asset in any job setting.

#### **How long does a CIT stay at camp?**

The CIT program runs in two week sessions throughout the summer. CITs must complete one full session, but can come for as many sessions as they would like.

#### **What kind of special training will I receive as a CIT?**

CIT's will engage in a formal day of training on the first day of each session that will cover the following topics:

- What a CIT can expect
- What is expected of me as a CIT
- Review of expectations, typical day at camp, tour of all three facilities.
- CIT T-Shirt and ID's

Also, CITs will engage in leadership and career development trainings during the program. They will participate in activities with our young campers and gain direct experience with them as well as work closely with our highly trained staff.

#### **Will I receive feedback on my performance?**

Yes! Feedback is crucial to the development of any staff member and as such each CIT will receive direct feedback from our staff and our Teen Directors.

#### **Will there be any special events for the CIT's?**

Under the supervision of our Teen Directors, CITs will help plan and run at least one special event during their time with us. We also will have our usual CIT trip to the Riverside Creamery!

#### **Can I choose whether I want to be in Camp McAlister or Talcott? Or which age group I work with?**

Most CITs are placed in Camp McAlister but there are limited spaces available working with the 11 & 12 year olds at Talcott. While CITs cannot choose where they are assigned, there will be a chance in the interview to let us know your preference.



# New York YMCA Camp CIT Program 2018 Application

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## Personal Information:

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Zip Code: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Birthdate: \_\_\_\_\_ School: \_\_\_\_\_ Grade: \_\_\_\_\_

Email: \_\_\_\_\_ I check my email:  Daily  weekly  never

## Applicant Information:

1: Why do you want to be a CIT?

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2: Do you have experience working with youth? If so what has it taught you?

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3: What personal traits would make you a great CIT?

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4: Do you have experience as a leader? If so, what has it taught you?

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5: Who is a role model to you? What makes them a good role model?

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6: How would your teachers describe you?

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7: How do you spend your spare time (include extra-curricular activities)?

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Please mail or fax to the address/number below

160 Big Pond Rd,  
Huguenot, NY  
12746

Fax: 845 858 7823